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"SOLOMON'S GUIDE TO HEALTH;"

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IN A VARIETY OF COMPLAINTS,

Which fully explains in a manner adapted to every capacity, the most simple methods of Treatment, and efficacious Remedies for the following among the great number of diseases, which are treated of under their respective heads, viz.

Abortion or Miscarriage	Fits	Juvenile Indiscretions
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Bilious Complaints	Gonorrhœa	Pregnancy
Child-bearing	Hypochondriac or Melancholy Complaints	Phthisis or Cough
Chlorosis or Green Sickness	Indigestion	Rheumatism
Consumptions	Indisposition attendant on Pregnancy	Seminal Weaknesses
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		Turn of Life, &c. &c.

TO WHICH IS ADDED,

A DISSERTATION ON THE

Use and Abuse of Cold or Sea-Bathing.

BY S. SOLOMON, M. D.

This celebrated Pamphlet points out the most efficacious remedies for most of the diseases incident to the human frame; particularly those *dreadful disorders* which are so prevalent in this kingdom, usually termed *Nervous* and *Hypochondriac*, which in *this* publication are largely treated on, and the best and most certain remedies strongly and experimentally recommended.

(Chester, printed by J. Fletcher, Foregate-street.

L. 1807

TO THE PUBLIC.

THIS work has passed through a number of editions, and has experienced a sale unprecedentally great—it is therefore now re-printed with many improvements, and it may be with confidence asserted, that so valuable a publication to the afflicted in general has never been printed in this or any other language :—The weak and delicate female—the youth who has just finished his education at any of the public seminaries—the aged who are drooping under disorders originating from an impurity of blood—people of fashion—studious persons of a confined and sedentary life.—as also those afflicted with nervous affections in general will find "SOLOMON'S GUIDE TO HEALTH" a faithful companion and an amusing instructor :—In short no person who values the enjoyment of a good state of health will be a moment without being possessed of this small, cheap, valuable, and important publication.

The disorders peculiarly incident to the female sex in every situation, are also expatiated upon, together with advice to both sexes, for those secret infirmities of nature, which delicacy often forbids to disclose, even to the nearest relative : comprising a treatise on FEMALE DISEASES, Nervous, Hypochondriac, Consumptive Complaints, &c. &c.

The public are now presented with a variety of new observations in this edition, whereby the valetudinarian may behold the true picture of his disorder, whether hereditary or accidental, chronical or acute, and also the best approved remedies for obtaining an immediate and lasting cure recommended.

And as nervous and hypochondriac complaints are much more prevalent in Europe than is generally imagined, attended with many dreadful and alarming symptoms, which certainly claim assistance, and not as is too generally the case, derision or contempt, the author has been very attentive to their method of cure ; and he flatters himself from the observations he has made, that the present is as good a treatise on those diseases as any extant.

The TENDER FEMALE, who, though by nature is destined to be the preserver of the human race, yet is, alas ! liable to many natural indispositions, which render her condition truly wretched and unequal when compared to the male. For whatever situation of life she is placed in, she seldom enjoys a perfect state of health. If she enters into the wedded state, even from that source of pleasure something bitter arises ; and PREGNANCY brings with it a train of loathing, sickness, &c.—If she remains single, she will scarcely be able to avoid labouring under some infirmity, because she is a "stranger to a mother's pangs."

What can be of more importance to a female, than to be properly acquainted with every symptom to which she is peculiarly liable ? And how to conduct herself in such circumstances, without wounding her delicacy by a disclosure of her fears or her apprehensions, to the rude scrutiny of PRETENDED FRIENDS ?

This Pamphlet points out the methods of cure, from a Blenhorrhagia or Gonorrhœa to a confirmed Siphilis. To which is added, an Essay on Secret Venery, and a Discourse on Impotency in the Male ; Sterility or Barrenness incident to Females, &c. ; an Appendix on the subject of a solitary and destructive Vice, and an Address to Parents, Guardians, Tutors, and those who have the care and education of youth. Likewise advice to Bathers at Margate, Southampton, Scarborough, Bath, Bristol, &c. &c. prticularly the afflicted with Nervous Complaints. The whole is illustrated and interspersed with a variety of authentic facts, never before published, explaining the symptoms, mode of treatment, and remedies in the different stages of a certain disease : cautions to young persons of the danger of improper connexions or improper treatment, &c. with the difference between real venereal symptoms and those frequently mistaken for them.

Those who have resided in hot climates, and are emaciated, or labour under a continual drain of nature, whereby their bodily strength is not only exhausted, but also their vigour and vivacity impaired, will meet with a friendly monitor in this small, though important publication.—It has been the means of saving thousands of lives in the late epidemic complaints in America.

The valetudinarian by birth, who has received from his parents the inheritance of a diseased and unprolific frame ; the delicate female, whom an immured and inactive life, together with the immoderate use of tea, and other weak and watery aliments, has, without any fault of her's, brought on all the calamitous symptoms of a consumptive habit, and are, without timely assistance, sinking into an untimely

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grave! To such as these, "The Guide to Health," will afford the most permanent relief, and point out the mode of restoration, to the enjoyment of the greatest of all the comforts, HEALTH, without which life is not worth enjoying.

The Author is proud to confess, that he has been assisted by eminent literary medical men, to whose labours and assistance he is much indebted:—they have tried the remedies prescribed as well as himself, and have not been AFRAID or ASHAMED to acknowledge their salutary and powerful efficacy.

☞ Orders given to any bookseller in town or country, for "SOLOMON'S GUIDE TO HEALTH," will be duly executed, at only three shillings each copy, free of carriage.

† For the very excellent character of this book see the different Reviews.

☞ TO THE PUBLIC.——Nothing can be a stronger proof of the utility of this work than the unprecedented sale it has met with, no less than FIFTY THOUSAND COPIES having been disposed of in a very short time.

The Cordial Balm of Gilead, and Guide to Health, may be obtained every day, at the following appointed places of sale, viz. in

London, by Mr. Mathews, No. 18, Strand;

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And by all the reputable Medicine Venders, Booksellers, &c. in every principal town in England, Ireland, Scotland, and America.

AN ACCOUNT OF

THAT MOST EXCELLENT MEDICINE,

THE

CORDIAL BALM OF GILEAD,

So justly celebrated for

THE RELIEF AND CURE OF

NERVOUS DISORDERS,	BILIOUS CASES,
FEMALE COMPLAINTS,	DEBILITY,
WEAKNESSES,	INDIGESTION,
LOSS OF APPETITE,	COUGHS AND COLDS,
IMPURITY OF BLOOD,	CONSUMPTIONS.
HEAD-ACHE,	LOWNESS OF SPIRITS,
RELAXATION,	&c. &c. &c.

PREPARED (ONLY) BY

S. SOLOMON, M. D.

Author of "The Guide to Health"

AND

OTHER VALUABLE WORKS,

At his House, Solomon's-place, Brownlow-street, Liverpool.

IT is notorious, that various disorders of the human frame are brought on by dissipation in youth, and the gross violation of those rules which prudence dictates for the preservation of health, and laying a foundation for a long and happy life, with a firm and strong constitution. The blessings of health are no sooner lost, than painful experience teaches the inestimable value of it, and the unhappy patient looks around, too often in vain, for the means of its recovery!

Dr. Solomon, of Liverpool, recommends his Cordial Balm of Gilead to all those whose constitutions have been impaired by early imprudence, and whose nerves are afflicted by intense study, the too free use of ardent spirits, tea or coffee, as well as to all persons who are enervated by long residence in hot and unhealthy climates, in which cases it will invariably prove of the most sovereign efficacy, bracing the relaxed nerves, strengthening and invigorating the constitution.

The various weaknesses peculiar to the fair sex come immediately under the power of this restorative; and many ladies of fashion and respectability have found it to be the best medical appendage to the toilette they ever met with; recruiting the decayed spirits, dissipating the head ach, dullness, and langour; and creating a pleasing vivacity, chasing away melancholly, it gives comfort and strength to the whole system.

Numerous cases have from time to time been published in every newspaper in the kingdom, for the encouragement of the afflicted to use and persevere in a medicine which so eminently affords a complete cure in all cases of debility.

The train of melancholly disorders which afflict the human frame, under the denomination of Nervous Diseases, are the principal sources of human misery in the privation of health. Those disorders proceed from such an infinite variety and complication of causes, as to render it impossible, if even it were always necessary, to trace them to their true source. The effects, however, are but too well known and too severely felt amongst too great a portion of mankind; and to these effects it may without exaggeration be asserted, that any remedy superior or more celebrated for efficacy than Dr. Solomon's Cordial Balm of Gilead, never has been discovered. This incomparable Balm of Gilead, is at once the most elegant and efficacious medicine ever yet discovered for nervous diseases. In weak and shattered

constitutions, weakness of sight or memory, hypochondria, tremblings, horrors of the mind, sexual debility, and all other diseases arising from a relaxed state of the nervous system, and often the consequence of intemperance, debauchery, inattention to the necessary cares of health, luxury, in sedentary, inactive, or studious life, this Cordial Balm has universally established its restorative efficacy, and may be justly enumerated amongst the foremost of those happy discoveries which medical research have procured as the blessings of the human race, and greatest counteractive to human misery. Thousands at this day in the three kingdoms, live to bless the day they first applied to this admirable remedy, and enjoy the blessings of health, who might otherwise have dropped into an untimely grave, the victims of early imprudence.

☞ Accounts from Ireland, the East Indies, Hamburgh, Berlin, Holland, America, Norway, Sweden, and Denmark, all concur in stating that no medicine ever introduced in those countries met with such rapid and extraordinary sale. The Custom-house books at London and Liverpool will evidently shew that more of this medicine is exported than all others put together.

Dr. Solomon, conscious of the rectitude of his conduct, and the unrivalled, unprecedented efficacy of his medicine, cannot withhold so great a blessing from society; and is determined, at the annual expence of Five Thousand Pounds, to establish this great discovery for the benefit of mankind, and will continue, regularly, to advertise true, genuine, and voluntary attestations of its superior efficacy.

REMARKABLE CASE.

Lieutenant-Colonel COLQUHOUN, of Ross Lodge, Dunbarton, (uncle to James Colquhoun, Esq. M. P. Rosedoe-house, Dunbarton) has reaped the most extraordinary benefit from Doctor Solomon's CORDIAL BALM OF GILEAD, in a nervous complaint, attended with very alarming symptoms of weakness, of many years standing, occasioned by great exertion and fatigue during a long campaign in the last American War; many unsuccessful medicines, recommended by the most eminent in the profession, were tried, which would be tedious to recapitulate; suffice it to say, that the CORDIAL BALM OF GILEAD was the only remedy that had the long-wished-for effect. So sensible is the Colonel of the great efficacy of this medicine, that he has generously given Doctor Solomon permission to make use of his name, in recommending the CORDIAL BALM OF GILEAD as a most valuable, safe, and efficacious medicine, in all cases of weakness or relaxation of the nervous system, &c. &c.

JULY, 1800.

THE REV. ROWLAND PHILLIPS, B. A.

Of Long Ashton, near Bristol, has favoured Dr. Solomon with a letter, dated June 25, 1799, stating that

He was restored from a weakness, with a long train of horrid symptoms attendant on a nervous complaint of many years standing, by the use of the CORDIAL BALM OF GILEAD, though many remedies prescribed by the faculty, as well as those advertised, were tried in vain. His Lady also derived great benefit therefrom; and several of the first families in the vicinity of Bristol have declared, they owe the recovery of their health solely to the great efficacy of that valuable restorative.

MR. WILLIAM BATCHEN,
OF GLASGOW, MUSLIN MANUFACTURER,

Was troubled with weakness and indigestion for a long time, which reduced him very much, and for which many remedies were unsuccessfully tried; at length he was induced by the recommendation of Mr. Alexander Hunter, to make use of the CORDIAL BALM OF GILEAD, two bottles of which perfectly restored him to his health.

MR. J. BROOM,

OF DOWNEND, NEAR BRISTOL,

Was long troubled with a nervous complaint, accompanied with great trembling, weakness, debility, and lowness of spirits, and when conversing with a friend tears involuntarily gushed from his eyes. He thus became emaciated and so reduced as not to be able to walk into his own garden, or scarcely stand on his feet. He was also afflicted with a bad cough and head-ache, and being constantly in pains both of body and mind, he was rendered incapable of doing any thing. In this deplorable state he entered upon a course of the CORDIAL BALM OF GILEAD, and found immediate relief; three bottles restored him to his usual state of health. It is now eighteen months ago since he was thus cruelly afflicted, and he declares that he has not had the least return of the disorder since.

Witnesses to this cure { W. Sheppard, No. 3, Wine-street, William Saunders, } Bristol.

Sworn before C. J. HARFORD, Bristol,

One of His Majesty's Justices of the Peace for the county of Gloucester.

MR. JOHN FLETCHER,

Printer of The Chester Chronicle,

Communicates the case of a young man (a mercer) of that city, about twenty-five years of age, who had been afflicted from his infancy with a nervous complaint, attended with great debility, languor, want of appetite, lowness of spirits, which latterly increased so much as to render him incapable of attending to business for the last twelve months. In this deplorable state he was advised by his physician, as the last resource, to go into the country, but he found no relief in the change. He then tried the Cordial Balm of Gilead, from the first bottle of which he found immediate relief, and six bottles more restored him to a sound and perfect state of health. This case occurred within Mr. Fletcher's own observation, and the particulars was stated from the young man's narration, who will give any enquirer such further information as may be desired respecting this wonderful and surprising cure.

MR. HARRISON,

Miniature Painter, No. 10, Tavistock-street, Covent-garden, London,

(A NATIVE OF BATH)

Was for years in a deplorable state of a consumption, attended with extreme weakness, which reduced him to a mere skeleton, so that for weeks together he was unable to follow his profession. His appetite was quite gone, and his digestion much impaired. Fortunately he was importuned by his friends to make use of the CORDIAL BALM OF GILEAD, from a few bottles of which he found the most wonderful benefit. The lowness of spirits left him, his appetite is returned, and his digestion perfectly recovered. This case is well known to many respectable families at Bath.

MR. E. FOX,

Livery-street, Harper's-hill, Birmingham,

Long laboured under the painful effects of Indigestion, and could obtain no relief from regular medical advice. In this state he was recommended to try the CORDIAL BALM OF GILEAD; but having an objection to public medicines, resisted the idea for some time.—The weakness however gaining on his constitution, as scarcely any sustenance remained on his stomach, he determined to give

the CORDIAL BALM OF GILEAD a fair trial, and immediately sent for some; the consequences fully justified the report he had heard of that medicine; for his spirits were soon recruited, and his appetite and digestion, after eighteen months' wasting, and excruciating illness, are now happily restored.

The following Gentlemen, residents of Birmingham, are witnesses to Mr. Fox's Cure:—

James Millar, Esq.	Walter Archer	John Taylor, Esq.
John Ellis	John Robotham	Henry Hawkins

THE FOLLOWING ARE CASES ATTESTED BY *Mr. Angus M'Donald, Jeweller, Goldsmith, and Tea-dealer, Trongate, Glasgow.*

A gentleman who had resided in the West Indies for many years, came home for the recovery of his health; he consulted the faculty in Edinburgh; their prescriptions gave him no relief. Seeing a case similar to his own in your Guide to Health, cured by your Cordial Balm of Gilead, he was induced to make trial of it; he says that during the time of his taking the first six bottles of it, he was not sensible of any benefit; but being determined to persevere, from that time he experienced a great alteration for the better, till happily he recovered his health completely. He is now as well, as stout and hearty as ever. This gentleman's case was a continual head-ach, dullness of hearing, loss of appetite, general debility, &c. &c.

ANOTHER CASE.—A young gentleman came to me, whom I never saw before, to my knowledge, and informed me that he could not in justice to you and the public, withhold his testimony of the benefit which he derived from four bottles of your Cordial Balm of Gilead, which completely restored him to health. His complaint was, he thought, the first stage of a consumption, want of appetite, great head-ache, general debility, &c.

ONE CASE MORE AT PRESENT.—A young lady who had lost her health for some time, by the use of three or four bottles of the Cordial Balm of Gilead was restored to good health. She is now quite regular; she had been, previous to her taking the Balm of Gilead, thin, pale, meagre, and irregular; now she is as well as ever.

A LADY OF RESPECTABILITY

Was lately afflicted with nervous Affections and a very high inflammation of the Lungs, attended with excessive coughing, which reduced her to death's door. She had the best medical advice she could procure, and Dr. Pitcairne among others; but to no good purpose. She continued twelve months in this disordered state; went to Bristol and found no relief; for four months together she could not lie down in her bed without the hazard of excessive pain or suffocation, and during that period could only rest by being propped up with pillows. Being almost worn out with suffering, a friend advised her to buy a Bottle of the CORDIAL BALM OF GILEAD: she purchased two half-guinea bottles, and found much relief by them, and then bought a 5*£*. box, which perfectly restored her from the debilitated state of her lungs, and nervous disorder. Many of her friends also through her recommendation, have found great benefit by taking this medicine. She does not wish her name to be made public, but any respectable enquirer will be referred to the lady herself, on application to Mr. JAMES MATHEWS, No. 18, Strand, London.

A RESPECTABLE LADY IN HEREFORD,

For years laboured under a nervous complaint attended with lowness of spirits, pains in her side, &c. for which she tried almost every Medicine to no effect.—

Four half guinea bottles of the CORDIAL BALM OF GILEAD has entirely removed the complaint, and she is now happily restored to a perfect state of health.—Further particulars of this case may be had from Mr. J. Watkins, of Hightown, Hereford.

FOR the benefit of mankind, and of my brother Officers in particular, I authorise Dr. SOLOMON, of Liverpool, to publish this my acknowledgement of the efficacy of his medicine the CORDIAL BALM OF GILEAD. As I do not chuse my name to appear in print, persons desirous of knowing the truth of my assertion may, by enquiring of Messrs. Toulmin, Navy Agents, Surry-street, Strand, London; or Mr. Alexander, Navy Agent, opposite the Navy Post-Office, Broad street, Portsmouth—learn my name and address. By an irregular life I had been excessively weakened and debilitated—a dozen bottles of the Cordial Balm of Gilead absolutely restored me to my primitive health.

N. B. The above is from a principal Officer of a Seventy-four.

☞ Want of room and delicacy, preclude the insertion of letters of importance to the community, and to youth in particular. They may however be seen at large in the Doctor's publication entitled "A GUIDE TO HEALTH:" a new edition of which is now just publishing at Three Shillings, and may be had of H. D. Symonds, Paternoster-row, London; and all booksellers, with an elegant portrait of the Author.

A SAVING OF ONE POUND SIX-SHILLINGS.

The CORDIAL BALM OF GILEAD, is sold in bottles, price Half-a-guinea each. There are also boxes, price 5l. containing equal to twelve bottles at 10s. 6d. by which the patient saves 1l. 6s. These can be had at the Doctor's house, at Liverpool. In order to encourage patients to send to the Proprietor for them (by which means they will be sure to have them genuine), for a remittance of a Five Pound Bank Bill, he will return Medicines to the amount of six Guineas.

Dr. Solomon may be consulted by letter post paid, inclosing his usual fee of half-a-guinea. Such letters should (for safety) be thus directed:—"Money letter, Dr. Solomon, Solomon's Place, Brownlow-street, Liverpool; paid double postage."

*** To ensure the most inviolable secrecy, letters may be ordered to be addressed for X. Z. or A. B. at the Post-Office till called for.

N. B. The Post-Masters at all Post-Offices, also, give drafts for small sums of money, payable at the Post-Office, Liverpool; which is a secure method of conveyance.

As Dr. SOLOMON's practice is now become so great and extensive, and his constant engagements require a considerable portion of his time and attendance, he expects, when consulted, the usual compliment of a Guinea; but all written cases, or letters of advice, to be answered at his leisure, are required to inclose only Half-a-Guinea.

‡§‡ In order to prevent unavoidable delays, and consequent disappointments, agents are required to send their orders before their stock is quite exhausted.

☞ Captains, Merchants, &c. are supplied on the first and third Mondays in every month, of which they will take notice.

The CORDIAL BALM OF GILEAD is now considered as the greatest discovery that has been made in the memory of man; it is potent, safe and pleasant—The rapid and increasing fame bestowed on its author and inventor (Dr. Solomon of Liverpool) is the true and only criterion to judge of the merits of a Medicine, which has been administered from the highest to the lowest class of people with such happy and uniform success.—The Venders of this Medicine frequently cannot get supplied as quick as the demand is for it, and it is a fact worthy of remark, that they are sold nearly as soon as they arrive at hand, most of the Half-Guinea Bottles being bespoke before they are ordered.

*** None can be genuine but what has a Certificate signed by the Doctor, sealed up within side of the wrapper, and corresponding with the *fac simile* on the outside.